



Sample Week Schedule

Monday

900-915 **Stretching - Conversational Spanish**
915-1000 **Read Aloud Beautifully Illustrated Children's Literature**

Lentil, Robert McCloskey (featured book)
One Morning in Maine, Robert McCloskey
People, Peter Spier
I Know a Lady, Charlotte Zolotow

1000-1030 **Music** –singing, rhymes, movement
1030-1230 **Selah Kids Cook** –Recipes that feature US midwestern food based on *Lentil*
Set Table –tablecloth, real plates, cloth napkins, centerpiece, silverware, drinking glasses
Eat Family Style Meal Together –using manners
1230-100 **Clean up Kitchen** –each child selects a chore Q
100-200 **Outside Free Play** –playground, scooters, tricycles, jump ropes, etc.

Tuesday

900-915 **Stretching -Conversational Spanish**
915-945 **Read Aloud Beautifully Illustrated Children's Literature**

Lentil, Robert McCloskey (featured book)
The Rag Coat, Lauren Mills
The Ox Cart Man,
A New Coat for Anna, Harriet Ziefert and Anita Lobel

945-1130 **Catechesis of the Good Shepherd** (Atrium Time)

This Montessori method of helping kids understand Christ and his love for them takes place in a room we call, the Atrium, a beautifully prepared space specifically designed for the spiritual formation of children. The Atrium includes Practical-Life Stations where kids get to choose developmentally appropriate tasks such as flower arranging, folding, cutting, and pouring. There are also Spiritual-Life Stations in the Atrium where kids hear age-appropriate parables from scripture and play with wooden figures that correlate to those parables. Kids

learn to pray, sing, play, and explore maps and puzzles that show where Jesus lived. Kids also experience the rich rhythms of the Christian Liturgical Year, as we walk together through Advent, Christmas, Epiphany, Ordinary Time, Lent, and Easter. Music will be a big part of Atrium Time.

1130-1200 **Lunch** at a downtown park
1200-200 **Walking fieldtrip** to places like The Children’s Museum, Massanutten Regional Library, Harrisonburg Farmers Market, The Quilt Museum, Church tours, etc.

Wednesday

900-915 **Stretching** - Conversational Spanish
915-1000 **Read Aloud Beautifully Illustrated Children’s Literature**
 Lentil, Robert McCloskey (featured book)
 Stone Soup, Marcia Brown
 The Ox-Cart Man, Donald Hall

1000-1045 **Art** –colored pencil sketching like the sketches in *Lentil*
1045-1130 **Free Play** –indoor or outdoor (one-on-one student/teacher interaction)
1145-1230 **Lunch**
1230-200 **Games** – focusing on indoor board games and outdoor large motor skill games

Thursday

900-915 **Farm Day** - students arrive, stay outdoors, get ready for transport to a farm
915-930 **Van time – Conversational Spanish**
945-1045 **Nature walk**
1045-1145 **Free play** in nature –swings, gardening, animals
1145-1215 **Lunch**
1215-100 **Read Aloud Beautifully Illustrated Children’s Literature**
100-130 **Free play** (one-on-one student/teacher interaction)
130-200 **Van time** – songs and games